



l Singh Public School Sector-7, Karnal

OCTOBER, 2024

Dear Parents and students

As we celebrate the five-days festival of Diwali, let us remember that its true spirit lies in the values it inspires—kindness, gratitude and responsibility. Diwali celebrates the victory of light over darkness, guiding us to embrace honesty, empathy and respect for all. It is a time to practice generosity, help those in need and strengthen bonds with family and friends. This year, let's also honour nature by choosing eco-friendly celebrations, respecting our surroundings and avoiding pollution. May the light of Diwali illuminate your hearts with these values filling your lives with joy and wisdom. Happy Diwali!

Poonam Juneja Co ordinator

PRINCIPAL MS. SHALINI NARANG GAVE PRESENTATION ON ART INTEGRATION IN ENGLISH AT KALA SANGAM CONFERENCE
At the CBSE National Conference on Art Integration held on October 17-18, 2024, in Madurai, Tamil Nadu, Principal Ms. Shalini Narang presented her research on integrating art into English language learning highlighting the role of visual arts, drama, music and art-based assessments.



SWACHHATA HI SEVA: CLEANLINESS IS NEXT TO GODLINESS

The school held a range of activities to promote cleanliness awareness across all classes. Pre-primary students participated in a selfie stand event. First and second graders created posters and cleaned their surroundings while a Nukkad Natak by class IV students highlighted plastic's harmful effects. Students from classes VI-VIII participated in slogan writing while classes IX and X engaged in a Shramdaan activity cleaning their classrooms. Students of classes XI-XII made Human Chain to generate awareness and bring positive change in society. Principal Ms. Shalini Narang emphasized the importance of individual responsibility in maintaining cleanliness.



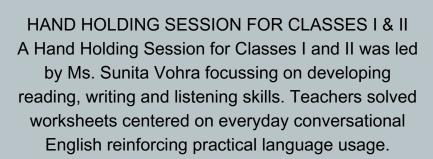
SAMPURNA SWACHHATA 2024: A STEP TOWARDS CLEANLINESS
The school participated in the Sampurna Swachhata 2024 initiative under the theme 'Swachhta Hi Seva'. Led by Principal Ms. Shalini Narang and ANO S/O Anand Kumar Mishra, 35 NCC cadets and students from classes VI-VIII actively contributed to cleaning the school premises.





EDUCATIONAL VISIT TO AIR FORCE STATION AND THE TRIBUNE OFFICE

50 students from classes VIII to X along with 4 teachers Ms. Poonam Juneja, Ms. Savit Makkar, Mr. Anand Mishra and Ms. Preeti Sharma visited the Air Force Station and The Tribune office in Chandigarh. Students witnessed Fighter jet demonstrations, learned about air operations and explored journalism's inner workings. The visit offered valuable insights into defense and media inspiring future career considerations.







MOVIE SHOWCASE: MISSION RANIGANJ

Students of classes VII- X watched Mission Raniganj, a movie paying tribute to India's mining heroes. The film highlighted the dangers of coal mining and promoted values like bravery, teamwork and patriotism leaving a profound and inspiring impact on the students.



BIRD'S NEST MAKING ACTIVITY

Students of class II designed and constructed bird nests applying their knowledge of materials and techniques used by birds. This hands-on activity explored the engineering behind nest-building emphasizing nests as safe homes where birds lay eggs and protect them from harsh weather.

AQUA REGIA QUIZ SUCCESS: STUDENTS WON TROPHY AND CASH PRIZE

In the T.I.M.E Aqua Regia Quiz State Round held at Hisar, Jatin (Class XII C) and Adived (Class XII A) bagged Third position . The students secured a trophy and a cash prize of ₹3100 .



4th DISTRICT YOGASANA SPORTS CHAMPIONSHIP

4th District Yogasana Championship was held at SBS Senior Secondary School, Karnal. Our students excelled by winning multiple medals in various categories. Shashwat of Class XII bagged Gold medal and Silver medal, Tejas of VIII D won Gold medal, Dhriti of VII B received 1 Gold medal and 2 Silver medals, Tiya of VII D got 1 Silver medal and 5th position, Bhavya of class V won Bronze medal and Daksh of VC got 1 Silver medal and 4th position. Ms. Rubbal, Yoga instructor presided over the championship as judge and received a memento and an appreciation certificate.



In the same
championship held at
SBS Senior Secondary
School, Karnal, our Yoga
instructor Ms. Rubbal
participated in the 35-45
age group category and
won a Gold medal by
showcasing exceptional
skills in the Traditional
Yoga Asanas competition
demonstrating
outstanding proficiency
and dedication.

SCHOOL ZONAL YOGA TOURNAMENT: KARNAL TEAM SECURED 6TH POSITION From October 19 to 21, at Agastaya International School, Rohtak, Under-11 Girls and Boys from Classes III to V represented Karnal in a competitive Yoga tournament. Competing against 22 districts, the team secured 6th place.Participants include Navpreet, Yashasvi (VA),Lavansh(VB),Nayra,Sachpreet(IVE) and Aarna (IVC).





CBSE NATIONAL TAEKWONDO CHAMPIONSHIP 2024
Five students from our school participated in the CBSE
National Taekwondo Championship 2024 at Mother India
Public School, Bazpur, Uttarakhand. Yashasvi Lather(IX)
won Silver medal, Additi Malik(XIIC) and Manikarnika
Rawat(XII B) earned Bronze medals while Rijul Panwar
(XI B)and Mrinalini (V) got participation certificates.





ADITYA SHARMA'S SKATING SUCCESS

Aditya Sharma of Class VI B achieved remarkable success
by winning two Bronze medals in skating at the District
level organized by the Roller Skating Federation of India

(RSFI).

CONGRATULATIONS TO U-17 BOYS' BADMINTON TEAM FOR GOLD

Our U-17 Boys' Badminton team won a Gold medal in the State tournament showcasing outstanding talent and teamwork. Congratulations to their mentor Dr. Virender Singh and the team on this remarkable achievement and their dedication to excellence!



STUDENTS HONOURED FOR EXCELLENCE IN SPORTS AND ACADEMICS

Rijul, Additi Malik, Prishita in sports while Simran and Saryu in academics were recognized by JCl Karnal Gold at Noormahal Karnal for their achievements in sports and academics. The awards were presented by Chief Guest Mr. Manbir, owner of Noormahal and Mr. Jitender Ahlawat from Genesis Classes.



AKSHAT REPRESENTED SCHOOL IN STATE WEIGHTLIFTING GAMES

Akshat from Class X A bagged Bronze medal and a cash prize of Rs. 500/- in the State Weightlifting Games held in Sonipat from October 14 to 16, 2024 showcasing his strength and skill in the competition.



SCHOOL SHUTTLERS STRIKE GOLD AT STATE GAMES

Reyansh (Class XI D), Agam (Class XI D) and Vansh Sardana (Class X D) won Gold medals in badminton at the School State Games held in Sonipat showcasing their exceptional skills.



ADITYA ,VANYA AND RANVIJAY SHINE IN DISTRICT ROLLER SKATING CHAMPIONSHIP

Aditya (Class VI B) won two Bronze medals, Vanya (Class IV B) secured a Gold and a Silver medal while Ranvijay (II A) received a Bronze medal in the District Roller Skating Championship held at ST. Convent school.





DUSSEHRA CELEBRATION

The school celebrated Dussehra with zeal. Pre-primary students dressed as characters from the Ramayana enacted the victory of good over evil. Senior students performed songs, dances and recited poems. The Principal's speech emphasized values like honesty and bravery fostering cultural awareness and unity among students and staff.







WORKSHOP ON MENTAL HEALTH AND CYBER SECURITY

On World Mental Health Day i.e10th October 2024 students from Classes VI to XII joined an online workshop by the Ministry of Education. Experts emphasized mindfulness, stress management and the importance of safe online practices to combat cyber threats like phishing and online bullying.

AEROBICS AND ZUMBA SESSION FOR CLASSES I-II AND VI-VIII

The school organized an aerobics session for Classes I and II and Zumba session for classes VI-VIII. The session focused on promoting cardiovascular health enhancing coordination, encouraging team participation and introducing fun ways to stay physically active. The sessions were headed by Ms. Neha and Ms. Naaz& Ms. Manisha respectively.











TEACHERS TRAINING PROGRAMMES

CBSE, Inventant Education and other private publishers like SAAR conducted programmes for teachers across subjects through out the month fostering continuous professional development and to empower educators to adapt to evolving educational paradigms enriching the teaching-learning process.

INTERACTIVE SESSION ON TECH CAREERS: CODING FUTURE

Students of Classes VIII and IX attended a session by SQILCO COMPANY on Tech Careers. Experts discussed coding, software development, AI and cybersecurity highlighting essential skills and career pathways including internships and certifications.





PT SESSIONS FOR CLASSES III-V and IX-X
Physical Training (PT) sessions were conducted for
Classes III-V and IX-X. Students actively participated
enhancing physical fitness, coordination and teamwork.
Led by Dr. Virender Singh, the session emphasized
discipline and the importance of regular exercise for
well-being.

COUNSELLING SESSION ON GENDER SENSITIVITY AND MORAL CONDUCT

A counselling session for classes III-VIII was organised focusing on Gender sensitivity and moral conduct. It emphasized respectful behavior, personal boundaries, the POCSO Act and the importance of addressing bullying and body shaming to create a safe and supportive environment for all students.



EDUCATIONAL EXCURSION: A JOURNEY THROUGH HISTORY AND LAW

Students of classes XI and XII along with their teachers Ms. Meenu Sharma and Ms. Vijeta explored British Cantonment's colonial architecture, Mughal-era Kos Minar and Karan Tal Park's Mahabharata connections. At Amar Ujala office, they learned newspaper production while the visit to District Court Karnal offered insights into the judicial system, court etiquettes and career pathways. This trip enriched their knowledge across diverse fields.



LEARNING ABOUT FRUITS AND VEGETABLES
LKG students participated in a fun activity dressing up
as different fruits and vegetables. They shared insights
about the nutritional value of their chosen character
enhancing their understanding of healthy eating.





SOF NATIONAL SCIENCE OLYMPIAD 2024-25
144 students from Classes III to X participated in the SOF National Science Olympiad. Teacher incharges were Ms. Neelam Sharma (VI-X) and Ms. Manisha (III-V).

SOF MATHS OLYMPIAD 2024-25
The SOF Maths Olympiad was conducted on
October 22, 2024 with 176 students from Classes
III to X. Teacher in-charges were Ms. Monika Handa (VI-X)
and Ms. Nidhi Kaushik (III-V).



STUDENTS SHINE IN ON-THE-SPOT SKETCHING COMPETITION

Bal Bhavan hosted an On-the-Spot Sketching Competition organized by the District Council Welfare. Kunal (Class IX) and Tamnya (Class VIII) won 1st prize while Ritika Pannu (Class X) secured 2nd prize.



DISTRICT LEVEL INTER-SCHOOL SOLO FOLK DANCE COMPETITION

Meghana of Class X participated in the District Level Solo Folk Dance Competition under the guidance of Teacher-in-charge Ms.Morley Sandhu. Competing against 10 teams she earned a consolation prize.



SOLO SONG COMPETITION: FIRST PRIZE WINNER A Solo Song Competition was organized at Bal Bhavan. Khyat Sharma secured the First prize in the Second group under the guidance of teachers Upma Rajpal and Neelam Chaudhary.

CULTURAL COMPETITIONS HIGHLIGHT STUDENT
CREATIVITY





District Council Welfare organized Rangoli, Solo Dance and Thali Kalash Pujan Decoration Competitions at Bal Bhavan.

Gurnaaz (IXB)secured Second prize in Rangoli and Kunal(IXC) earned Second prize in Kalash Decoration celebrating creativity and cultural heritage. The Students were guided by Ms. Beenu and Ms. Kajal.

CULTURAL COMPETITIONS AT BAL BHAVAN: CREATIVITY SHINES

Bal Bhavan hosted Rangoli, Solo Dance and Diya/Candle decoration competitions organized by the District Council Welfare. Bhumika (Class VI) and Niharika (Class V) won Second and Third prize in Diya decoration respectively.



3RD PRIZE IN GROUP SONG COMPETITION

Showcasing outstanding musical talent and teamwork our school team secured 3rd prize in the Group Song Competition hosted by the District Welfare Organization at Bal Bhawan competing among 18 teams.



POSTER MAKING COMPETITION ACHIEVEMENTS

The District Child Welfare organized a Poster Making Competition at Bal Bhavan. Gurnaaz (Class IX) won 1st prize, Ritika Pannu (Class X) secured 3rd prize and Spardha (Class XI) received a consolation prize.



DISTRICT LEVEL DANCE COMPETITION VICTORY

Our school participated in the District-level Folk dance competition at Bal Bhawan, Karnal. Out of 16 teams, we proudly secured 1st position showcasing exceptional talent and teamwork under the guidance of Dance teacher Ms. Morley Sandhu.



OUTSTANDING ACHIEVEMENTS IN 10TH INTERNATIONAL HUMANITY OLYMPIAD

Students from Classes V to XII participated in the 10th International Humanity Olympiad organized by Satyug Darshan Trust. Ales Mehla(XIA) in Pushp Category and Kamya (VIIA) in Ankur Category were declared school toppers winning Gold medals while Lakshita and Navya received prize and certificate. Principal, Ma'am Shalini Narang and Teacher Incharge Ms. Savit Makkar were also awarded appreciation certificate for their dedication and devotion.









DISTRICT SCHOOL LEVEL ESSAY WRITING COMPETITION Vikhyat Global Foundation, an NGO, organized a District School Level Essay Writing Competition for students of Classes XI-XII. A total of 73 students participated in this on-the-spot competition, showcasing their writing skill. The event aimed to encourage critical thinking and expression among students with the results currently awaited.

SPECIAL APPRECIATION AWARDS FROM RASHTRIYA SHIKSHA SAMITI

Mrs. Neelam Sharma(TGT Science) and Mr. Vinod Pandey (TGT Hindi) were honoured with special appreciation certificates from Rashtriya Shiksha Samiti, Tohana, recognizing their exceptional contributions and dedication to education and student development.

SAFE TRAVELLING SESSION TO PROMOTE STUDENT SAFETY AWARENESS

A session on Safe Travelling was organised for classes VIII and IX students led by Ms. Ambika Kapil. The session covered essential topics like road safety, public transport etiquette, digital safety and emergency procedures fostering a culture of travel safety and preparedness.





CAPACITY BUILDING PROGRAMME ON LIFE SKILLS (Level II)
On October 19, 2024 Dr. Mamta Grover(TGT Hindi) led a CBSE
Capacity Building Programme at Prakash Public School, Karnal. It
was attended by 62 teachers from all over Karnal. The seminar
emphasized the importance and application of life skills in
personal and professional contexts.



STUDENTS COMPLETE BRONZE LEVEL OF IAYP

Five students of Class X D —Karmanya Sangwan, Bhavishya Mahajan, Arsh Yadav, Mayank Bhardwaj and Rishi—successfully completed the Bronze Level of the International Award for Young People (IAYP) under the Award Leader

Mr. Ravinder Yadav earning appreciation from the

Mr. Ravinder Yadav earning appreciation from the Principal, Ms. Shalini Narang.



MODEL UNITED NATIONS: AIPPM ON INDIA'S SECULAR IDENTITY
The Social Science Department organized an MUN focussing on India's
secular identity engaging 23 students. Led by Ms. Suman Singh,
students developed skills in critical thinking, diplomacy and teamwork,
fostering meaningful discussions on religious tolerance.



CLASS IX PRESENTATIONS ON SOCIAL THEMES
Class IX students conducted presentations on themes like
Gender inequality, selfless service, personal resilience and non
violence. This activity aimed to enhance public speaking
confidence and communication skills.



CAPACITY BUILDING PROGRAMME ON AI IN CLASSROOMS

On October 26, 2024, Mr. Nikhil Sharma (PGT Comuters) led a capacity-building seminar as Resource Person on "Use of Artificial Intelligence in Classroom" at Sacred Heart Convent School, Yamunanagar. It was attended by 60 teachers from various schools of Yamunanagar.



MODEL UNITED NATIONS: UNGA ON CYBERSECURITY A Model United Nations session on Cybersecurity was held with 22 participants from Classes 9A, B and C under the guidance of Ms. Vijeta Kadyan. Students role-played as diplomats debating cybercrime issues, raising resolutions and emphasizing international cooperation, intelligence

sharing and human rights protection.



COMMUNITY HELPERS

UKG STUDENTS CELEBRATE COMMUNITY HELPERS THROUGH ROLE-PLAY ACTIVITY

A speaking activity was organized for UKG students highlighting the importance of community helpers. Dressed as doctors, gardeners, cobblers and more students shared views about each role enjoying this engaging learning experience.



STORYTELLING SESSION: INSPIRING MORAL VALUES THROUGH 'THREE LITTLE FISH'

Storytelling session was organised for Classes III to V presenting 'Three Little Fish' to instill values of resilience, hope and humility in challenging situations.

NELTAS ENGLISH LANGUAGE EXAM: FIRST ROUND PARTICIPATION
On October 22, 2024, students from Classes II-VIII participated in the First round of
the NELTAS English Language Exam. The event was organized under the guidance
of Ms. Ambika Kapil (Classes VI-VIII) and Ms. Kadambri (Classes II-V).



RAILWAY STATION SCENE AWARENESS
PROGRAMME TO INSTILL CIVIC RESPONSILBILITY
Aravali House organized an engaging Railway Station
Scene Awareness Programme for the school educating
students on safety, cleanliness and discipline at railway
stations through interactive role-play.

FOSTERING FINANCIAL LITERACY AND CIVIC RESPONSIBILITY

Nilgiri House organized a Banking awareness programme for DSPS-7 students (LKG to VII) teaching basic banking, financial safety and social responsibility through interactive role-plays and guided bank scene tours.



UNDERSTANDING HEALTHCARE AND TREATMENT

Himalaya House organized a Hospital
Awareness Program for students of Classes
VI to VIII familiarizing younger students with
hospital operations, patient care and
healthcare careers through demonstrations
and interactive learning.

PROMOTING RESPONSIBLE CITIZENSHIP

Shivalik House organized a Police Station Awareness Programme for Classes VII and VIII familiarizing students with police operations and fostering civic responsibility through interactive demonstrations and insights from station officials.



HEARTWARMING GRANDPARENTS DAY CELEBRATION BY CLASS I

The school celebrated Grandparents Day with Class I students performing heartfelt songs, poems and dances to honour their grandparents. Highlights of the programme were a ramp walk, dance drama on "An Old Age Home" and emotional performances deeply moving the grandparents.



ENCHANTING ONE-ACT PLAY: SNOW WHITE AND THE SEVEN DWARFS

Students of Classes VC and VD performed "Snow White and the Seven Dwarfs," emphasizing inner beauty, kindness and resilience. The students' teamwork impressed parents who enjoyed the captivating performance organized by Ms. Deepika Goel and Ms. Kadambri. Principal, Ma'am Shalini Narang lauded the efforts put in by the students and their class incharges.



ONE ACT PLAY: THE MAGIC GARDEN
Students of classes VA and VB performed "The
Magic Garden," highlighting the importance of
kindness. The Parents also attended and
enjoyed the show. Principal Ma'am appreciated
the performance and efforts put in by students
and class incharges.



SAHODAYA INTER-SCHOOL ELOCUTION COMPETITION ON AI ETHICS

Elocution competition was held Pratap Public School, Karnal, Spardha from Class XI D participated among 20 contestants presenting her views on "Artificial Intelligence and Its Ethical Implications" and received a participation certificate.



SESSION ON ROAD SAFETY RULES

Class IX students attended an informative session focused on responsible driving, road signals, speed limits, seatbelt use, helmet safety and the dangers of distractions and alcohol while driving promoting safer road habits. The session was taken by Ms. Deepa Arora, Road Safety Instructor, Traffic Park.



CATAPULT MAKING ACTIVITY

Class II students engaged in a hands-on catapult building activity exploring engineering concepts. They researched projectile motion, applied their findings in construction and learned about body mechanics related to throwing and jumping.





PRE-PRIMARY DIWALI CELEBRATION: CREATIVE FESTIVE CRAFTS

The Pre-Primary segment celebrated Diwali with NSY children bringing decorated diyas showcasing mothers' creativity. LKG and UKG students created wall hangings enjoying the festive spirit and hands-on crafting experience.



DIWALI CELEBRATIONS AND CREATIVE ACTIVITIES AT SCHOOL

Nilgiri House hosted a vibrant celebration including an aarti by Principal, Ma'am Shalini Narang, a soulful bhajan, an eco-friendly skit, a spirited dance and a pledge for green Diwali while class VIII students crafted Diwali decorations during zero period guided by their teachers to foster creativity and emphasize Diwali's spirit of light and positivity.

















