



Dyal Singh Public School Sector-7, Karnal

NOVEMBER, 2024

Dear Students

Patience, persistence and dedication make an unbeatable combination for success.

As exams approach, it is natural to feel a mix of excitement and anxiety. However, success lies in embracing the values of hard work and determination. Consistent effort is the key to mastering concepts and excelling in your studies. Break your goals into achievable milestones and stay committed to your schedule.

Equally important is maintaining good health. A balanced diet, regular exercise and adequate sleep are vital for peak mental and physical performance. Remember, a healthy body fuels a focused mind.

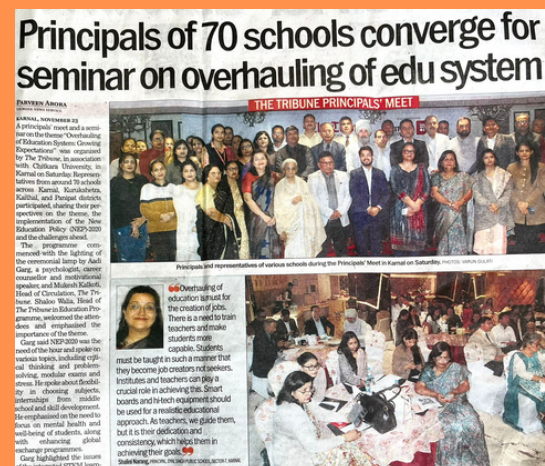
Stay determined even when challenges arise. Every small step forward builds your confidence and brings you closer to success. Believe in your ability and don't forget to take short breaks to recharge. With hard work, determination and good health, you're destined to shine.

Good luck!

Ms. Savit Makkar
(Coordinator)

PRINCIPALS' MEET ON OVERHAULING THE EDUCATION SYSTEM

A Principals' Meet on "Overhauling the Education System" was held on November 23, 2024 with 70 principals in attendance. Discussions led by Mr. Aadi Garg, a renowned counsellor and motivational speaker, focused on NEP 2020, Mental health, Skill development, Career counselling and fostering entrepreneurial skills. Principal, Ms. Shalini Narang addressed the gathering by stressing that main aim of education should be on shaping students into innovators and job creators.



JUNIOR DANCE TEAM SHINES AT ZONAL COMPETITION

The junior dance team secured 2nd position in an Inter-Zonal Folk Dance Competition held at Bal Bhawan, Karnal featuring 8 teams. Their remarkable performance made them qualify for the State Level competition under the mentorship of Ms. Morley.

STUDENTS EXCEL IN IAYP BRONZE LEVEL

Under the coordinatorship of Ms. Nitasha Chawla Sarthak, Vinayak Bruwa and Kartik Ahuja successfully completed the Bronze Level of IAYP. Award Leaders Mr. Ravinder Yadav and Ms. Nidhi Sharma helped them achieve this. Their performance was assessed by Ms. Ambika Kapil and Mr. Nikhil Sharma. Principal, Ma'am Shalini Narang, commended the students dedication and community contributions.



FIRE SAFETY AWARENESS SESSION FOR CLASSES VIII and IX

Mr. Dilbagh, an expert from Parliament's Disaster Management Department, conducted a fire safety session at school. Students learned about fire hazards, emergency responses and appropriate extinguishers for various fire types.



LANGUAGE MASTER LEAGUE

Lakshita, Japnoor Kaur and Tanish Arora of class VIII secured Third Prize in the Language Master League, an Inter-school English quiz at OPS Vidya Mandir, Karnal, showcasing exceptional literary knowledge under the guidance of Ms. Sudesh Manik and Ms. Khushdeep kaur.

SILVER ZONE SMART KID GENERAL KNOWLEDGE OLYMPIAD

43 students of classes II to VIII participated in the Silver zone Smart kid General knowledge, Olympiad. Ms. Manisha Nahar (VI-VIII) and Ms. Neha Nagpal (II-V) supervised the event.

KHYAT SHARMA EXCELS IN ZONAL SOLO SONG COMPETITION

Khyat Sharma of Class VIII-B secured 2nd position in a zonal solo song competition held at Bal Bhawan, Karnal, qualifying for the State level under the guidance of teachers in-charge Ms. Upma Rajpal and Ms. Neelam Chaudhary.





EBSB-II: EK BHARAT SHRESHTH BHARAT CAMP

Cdt. Akshat Lather (IX A) and Cdt. Ayush Mehla (IXB) represented the school at the EBSB-II Camp organised by NCC HQ. (JALANDHAR) at Rupnagar where they excelled in firing, drills, cultural competitions and educational visits.

AMONG JUDGING PANEL AT INTER-COLLEGE CLASSICAL DANCE COMPETITION

Morley Sandhu (Dance Teacher) got the opportunity to preside over as judge for Inter-College Classical Dance Competition at Doaba College of Education, Mohali being organized by Punjabi University, Patiala.



‘PRAKRITI SPARSH’ TO PROMOTE MINDFULNESS AND COMMUNITY VALUE

The school organized ‘Prakriti Sparsh,’ featuring diya lighting, guided seven chakra meditation by Ms. Rubbal Goel and a langar session. The event fostered mental well-being, humility and gratitude leaving a lasting impact on students and staff alike.



PAINTING AND SLOGAN WRITING COMPETITION

The school in collaboration with the Anti-Corruption Foundation of India organized a Slogan Writing and Painting Competition. Winners Gurnaaz and Kunal of class IXB and Tamania of VIIIA received trophies and cash prize of Rs. 2100/-, 1100/- and 500/- respectively for their outstanding creativity fostering in them awareness and promoting ethical values among youth.



CAPACITY BUILDING PROGRAMME ON HAPPY CLASSROOMS

Dr. Mamta Grover (TGT Hindi), appointed as CBSE Resource Person, conducted a one-day capacity-building programme on 'Happy Classrooms' at MNM Public School, Jundla. Sixty teachers attended it gaining insights into fostering positive and joyful learning environment in schools.



ONE-ACT PLAY :THE MAGIC BELL

Students of Classes IV A and B presented 'The Magic Bell', a play emphasizing kindness, resourcefulness and intelligence. The engaging performance left students with valuable lessons on planning ahead and being helpful. Principal, Ma'am Shalini Narang lauded the efforts of the students and their mentors.



EMPATHY AND COMPASSION IN 'A DIFFERENT KIND OF SCHOOL'

Class IV E presented a one-act play, 'A Different Kind of School' highlighting empathy, kindness and responsibility. Through roles of disabled characters students learned the importance of compassion and care for others. Ms. Yashu was teacher-in-charge for the same.

MOVIE TIME: THE LION KING

Students of Class III along with their Class teachers attended the screening of the movie The Lion King in the school auditorium. The timeless Disney classic imparted valuable moral lessons leaving students delighted and engaged.



ROAD SAFETY TRAFFIC QUIZ TO PROMOTE AWARENESS

Haryana Road Safety Department organized a traffic quiz at school. Students from Classes III to XII enthusiastically participated in it enhancing their knowledge of traffic rules, road signs and safe driving practices.

EXCITING EDUCATIONAL ADVENTURE TRIP

The school organized an educational trip to Delta105, Manesar . 171 students of Classes IX-X along with seven teachers went to this trip. Students indulged in various activities like zip-lining, horse riding, tug of war, shooting and a puppet show. With delicious meals and DJ dancing everyone enjoyed immensely.



TEAM AQUA GUARDIANS SHINE AT NYIC 2024

Team Aqua Guardians Rajat, Aditya Rajput and Tannu secured Silver medal at NYIC 2024 for their AI-Driven Bio engineered Sand Dam project. Guided by Ms. Praveen Kumari, (PGT Physics) the innovative solution emphasized sustainable water conservation showcasing collaboration and technological ingenuity.



'PRIDE OF INDIA AWARD' FOR ACADEMIC EXCELLENCE

Simran of Class XI A received the 'Pride of India Award' at Chandigarh University for scoring 98% in Class X CBSE exams.

Presented by esteemed dignitaries, the event celebrated her dedication and academic brilliance. She was accompanied by Ms. Nitasha Chawla (PGT Economics).



NUKKAD NATAK TO RAISE AWARENESS ON ACID ATTACK

School's Abhinay Samiti and Hindi Department presented a thought provoking Nukkad Natak at HUDA Market sector-7 and school premises on Acid Attack.

The students were encouraged by the Principal, Ma'am Shalini Narang's inspiring presence.

CLASS ASSEMBLIES



VISIT TO SKILL TECH INDUSTRIAL EXPO

Ms. Nitasha Chawla and five students from Class XI attended the Skill Tech Industrial Expo at Karnal exploring startup stalls. Students learned about entrepreneurship, government aids and gained valuable practical insights into business ventures.



KARNAL TALENT SEARCH EXAMINATION (KTSE)

The Karnal Talent Search Examination (KTSE) was held at school and it was organized by NIFAA. The event aimed to recognize and honour outstanding students from classes VI to IX and XI celebrating their academic excellence.



STUDENTS SHINE AT MUN ON SECULARISM

Six students from Classes VII to XI participated in the MUN conference on Secularism organized by Yuva Mantralaya at Hansraj College, Delhi University (Nov 22-23). Saryu (Class XI) earned a special mention and our school received a trophy for exceptional contribution. Ms. Suman Singh was the teacher- in-charge for the same.



SILVER ZONE INTERNATIONAL INFORMATICS OLYMPIAD

65 students from classes I to X participated in the Silver Zone International Informatics Olympiad. The event was supervised by Ms. Mukta Sharma and Ms. Veena Narula.

INTER- HOUSE CROSS COUNTRY RACE

The school organized a thrilling Inter-House Cross Country event promoting fitness, teamwork and resilience. Students from classes V-XII participated in it. The students ran the race showcasing their determination and sportsmanship. The event fostered healthy competition among participants. In this spirited competition Aravali house stood First followed by Nilgiri house , Shivalik house and Himalaya house.



CHILDREN' DAY CELEBRATION

Children's Day was celebrated in school with joy and enthusiasm. Teachers performed captivating dances, songs and recitations delighting the students. Nursery to class II students enjoyed fun activities, Liliput Dance and sweet distribution. Beautiful decorations by Himalaya House added charm, creating unforgettable memories of togetherness, fun and tribute to the young hearts.



KENKEN MATHS PUZZLE CITY ROUND EXAM CONDUCTED

The KenKen Maths Puzzle City Round exam was held on 19th November 2024.

226 students from Classes III to XII participated in it. Teachers in-charge were Ms. Poonam Juneja (overall), Ms. Monika Handa, and Ms. Nidhi Kaushik.

SHASHWAT DEV RAI SHINES AT HARYANA STATE YOGASANA CHAMPIONSHIP

Shashwat Dev Rai of Class XII D participated in the 5th Haryana State Yogasana Sports Championship (2024-25) held at Sports University, Rai, Sonipat. He competed in Traditional Yogasana and Artistic Single events in the Senior Boys category.



YOUNG CHAMPS RADIATE IN TAEKWONDO CHAMPIONSHIP

Kewin (Class 1-B), Parth (Class 3-A) and Rehan of LKG won Gold medals in their respective categories at the Open State School Taekwondo Championship organized by Navjyoti Association, Palwal whereas Mrinalini Rawat of class VA also bagged a Gold medal at the Open State Championship held at Sirsa.

GORISH RANA BAGS SECOND POSITION IN LAWN TENNIS

Gorish Rana (Class VID) secured 2nd position in the U-12 Boys Doubles category at the Super Series Lawn Tennis Tournament held at Jaipur.



AASHI KASHYAP WINS RUNNERS-UP IN NATIONAL LAWN TENNIS CHAMPIONSHIP

Aashi Kashyap of Class IXC secured back-to-back Runners-up positions in the U-16 Girls Doubles category at the National Series Lawn Tennis Championship. The event was held at Jalandhar from November 11th to 16th and 18th to 21st 2024.

VIGYAN PURASKAR YOJANA

242 students from classes VI to X enthusiastically participated in the Vigyan Puraskar Yojana organized by Rashtriya Shiksha Samiti, Tohana. Teacher Incharges for the same were Ms. Neelam Sharma and Ms. Manisha Nahar.



COUNSELLING SESSION : FOSTERING RESPECT AND POSITIVE BEHAVIOUR

Ms. Heena Chaudhary ,school counsellor, conducted a session for class VII students focusing on body shaming, empathy and self-awareness. Through discussions and activities ,students pledged to promote kindness, respect boundaries and create a supportive school environment.

CONSTITUTION DAY CELEBRATED

Class IX students attended a session led by Ms. Muskaan Satija highlighting the significance of Constitution Day, the Preamble and its history through interactive discussions and quizzes whereas the Department of Social Science commemorated it by reading Preamble. Class VIII took a pledge to uphold constitutional values fostering pride and democratic awareness. The event was coordinated by Ms. Meenu Sharma, Ms. Poonam Juneja and Ms. Savit Makkar.



DYNAMIC PT DRILL SESSION FOR CLASSES VII-IX

The school hosted a Physical Training Drill for classes VII-IX focusing on fitness, discipline and teamwork. Guided by Mr. Manish, students engaged in warm-ups, stretching and exercises promoting holistic well-being.



SESSION ON MENSTRUAL HYGIENE

Ms. Vijaya Madan , PGT Biology, conducted an informative session for girls of Classes VI to IX. Using interactive discussions, visuals, videos and Q&A, the session emphasized menstrual hygiene, puberty changes, myth-busting and practical problem management, fostering awareness and empowerment.



INTERNATIONAL APTITUDE TEST

An online International aptitude test (preliminary round) by 'TUK Publications & Medalist Publications' was conducted for classes III-VIII. 532 students attempted the test out of which 318 have qualified for the mains.

SILVER ZONE ENGLISH OLYMPIAD

76 students of classes II to X appeared in the Silver zone English Olympiad under the supervision of Ms. Khushdeep Kaur and Ms. Anjali Sharma.



EDUCATIONAL TRIP TO CHANDIGARH

Class IX students (50) embarked on an enriching trip to Chandigarh organized by the Social Science Department. The students visited the High Court of Punjab and Haryana, observing the live hearings, exploring the Rock Garden, enjoying nature at the Bird Sanctuary and Sukhna Lake. Teachers-in-charge Ms. Nitasha Chawla, Ms. Vijeta, Mr. Ravinder Yadav, Ms. Suman Singh and Ms. Preeti Sharma ensured a memorable experience.



ADVANCED LIFE SKILLS SESSION

Dr. Mamta Grover, TGT Hindi, conducted an insightful session on advanced life skills for all the staff members. The session was also attended by Principal, Ma'am Shalini Narang. It emphasized practical strategies for personal growth, professional excellence and effective decision-making.

RE- EMERGENCE OF GUIDANCE BASED EDUCATION

Ms. Deepika Dhamija attended a conference organized by ICTRC in collaboration with JS Institute of Design. It emphasized the transformative role of guidance-based education. Experts shared insights on integrating counselling, vocational guidance and innovative frameworks like design thinking to holistically address students' academic, emotional and career needs.



SCHOOL EXCELS AT PIET QUEST

A team of 117 students from Classes XI and XII participated in the PIET Quest. Rajat (XII B) won a scholarship of ₹39,360 and an inkjet printer. The school was awarded the Best School award receiving a 52" smart TV. Other students won scholarships, gadgets and prizes. Ms. Praveen Kumari, Ms. Sarvjeet Kaur, Ms. Ambika Kapil, Mr. Nikhil Sharma and Ms. Heena Chaudhary accompanied the students.



CAPACITY BUILDING PROGRAMME ON ACTIVE LEARNING

Dr. Mamta Grover (TGT Hindi) was appointed as a CBSE Resource Person for conducting a one-day capacity-building programme on Active Learning at Sofia Convent School, Murthal. It was attended by 60 teachers to enhance their teaching methodologies and engagement strategies.



SESSION ON HARMONAL IMBALANCE

A session on Hormonal imbalance by Ms. Nidhi Sharma and Ms. Neelam Sharma provided valuable insights into causes, symptoms and management strategies. The interactive discussion emphasized maintaining a healthy lifestyle, balanced nutrition and stress management to regulate hormones. Principal Ms. Shalini Narang and all the female faculty gained awareness for better health and well-being.



FAREWELL PARTY FOR MS. RANJANA BHASIN

On 22nd November 2024, the school organized a farewell party for Ms. Ranjana Bhasin (PRT Hindi), who retired after 26 years of service. The event featured speeches, performances and a heartfelt video which left Ms. Bhasin nostalgic and overwhelmed.

